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## **A double win for Fabalous chocolate spread at the 2020 Nourish Awards**

Coppola Foods, an innovative food company committed to making good food better, has won two awards at the 2020 Nourish Awards for its **Fabalous hazelnut and cocoa chickpea spread**.

Fabalous chocolate spread, the first organic hazelnut and cocoa spread with chickpeas as the first ingredient, received the Wild Card Product award and the Best Organic Product award.

Together with Fabalous Coppola Foods was commended for its **Coppola Organic No Sugar Added Tomato Ketchup** and **Coppola Take a break! Soup with Pumpkin, Carrot & Turmeric**.

Coppola Organic No Sugar Added Tomato Ketchup, an organic tomato ketchup containing organic apples instead of refined sugars or sweeteners, was runner up in the Low & Reduced Sugar category.

Coppola Take a break! Soup with Pumpkin, Carrot & Turmeric, a vegan no sugar added soup powered with turmeric, was runner up in the Hot Drinks, Soups & Broth category.

"We are proud and delighted to have won these Nourish Awards. It's been the culmination of a lot of hard work from our team who is continually trying to push the boundaries to "make good food better". It's very inspirational to be in the group of other great companies committed to creating healthy food and drink products which are nutritious and tasty" said Ernesto Coppola, CEO of Coppola Foods.

Dubbed as the "toughest health food awards" in the UK, [Nourish Awards](#) were created by founder Diana Murphy to support and recognise business that create healthy, naturally free-from foods without the use of refined sugar and artificial additives.

This year's awards gala was held online to announce the 2020 Nourish Awards winners (September 18). The host for the evening was chef, nutritionist and author Naomi Devlin.

The winners and runners up were judged by a panel of nutritionists, nutritional therapists, health food experts, chefs and other industry professionals including Melissa Kuman nutritionist, Tim May of NOSH books, Gareth Hobbs MD of Visionary Food Solutions, Susan Hay founder of Thrive Magazine and Margarita Kalna founder of the successful Free From Festival ([see full list here](#)).

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# *Coppola Foods*



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## About Fabalous:

Fabalous, developed by Coppola Foods, represents a range of treats to be enjoyed guilt free with the magic of chickpeas. Good for you and for the planet!

Fabalous organic hazelnut and cocoa chickpea spread is the first organic chocolate spread with chickpeas as the first ingredient: 32%. Each jar contains on average 128 dried chickpeas and 8 shelled hazelnuts. As a result, it contains 11% protein, or 81% more protein, 57% less sugar and 43% less saturated fats in a jar than the leading chocolate spread. It is also palm oil free, dairy free, soy free and plant based. Fabalous is packed in plastic free and BPA free jars.

The chickpea base used in Fabalous spread is obtained through the upcycling of the chickpeas used in a proprietary production process with a pending patent. Chickpea proteins extracted during this process are used as a plant-based alternative to egg proteins in food manufacturing.

Fabalous organic hazelnut and cocoa chickpea spread has already won multiple awards, including:

- Better-for-You Innovative Product of the Year at Food Matters Live in November 2019;
- Wild Card Product at the Nourish Awards in September 2020;
- Best Organic Product at the Nourish Awards in September 2020;
- 2 stars at the Great Taste Awards in September 2020;
- Finalist in the Innovation category at the FDF Awards 2020;
- Finalist at the World Plant Based Awards 2020.

[www.befabalous.com](http://www.befabalous.com)

#befabalous



## About Coppola:

The Coppola range includes authentic Italian food products that are cornerstones of the Mediterranean diet. This includes tomatoes, sauces, soups, legumes and oil. These products are produced in Italy using only natural, sustainable and high-quality ingredients.

Good Italian cuisine is about fresh and natural ingredients that are simply prepared. Our products are the basis for real and authentic Italian cooking to be enjoyed every day with family and friends as part of a well-balanced lifestyle.

[www.coppolasalerno.com](http://www.coppolasalerno.com)

#coppolasalerno

## About Coppola Foods:

Coppola Foods is an innovative food company committed to making good food better.

We offer a comprehensive range of premium quality, tasty, nutritious, and sustainable food products together with an excellent level of service and attentive solutions to fulfil the needs of customers and markets.

We are a fourth-generation family business with a long heritage in the production and marketing of food products, dating back to 1903 in Salerno, in Southern Italy.

[www.coppolafoods.com](http://www.coppolafoods.com)

#makinggoodfoodbetter